

## Trail Information

### **A. Northern Green Mountains**

**Jay Peak.** 3861 ft. Westfield/Jay. From VT 242, follow the **Long Trail** north past Jay Loop to the rocky summit of Jay Peak. Caution: Conditions on Jay Peak's open summit can change rapidly. 1.7 mi. (Long Trail Guide).

**Belvidere Mtn.** 3360 ft. Lowell. **Long Trail.** Trailhead begins at parking area located approx. 5.0 mi. west of Vt. Rte. 100 on Vt. Rte. 118. 2.8 mi. to summit. **Forester's Trail.** Trailhead branches off of **Frank Post Trail** found at the terminus of Tillotson Rd. 5.0 mi. north of Eden Mills. 2.9 mi. (Long Trail Guide)

### **E. Groton State Forest**

**Spruce Mtn.** 3037 ft. Groton State Forest, Plainfield. Trailhead is accessed via Plainfield and Spruce Mtn. Rd. off of East Hill Rd. 2.2 mi. (Day Hiker's Guide).

**Big Deer Mtn.** 1992 ft. Groton State Forest, Peacham. Mountain is accessed by several area trails near Osmore Pond. The **New Discovery-Big Deer Trail** leaves the Peacham Pond Trail from the New Discovery Campground Rd. 1.3 mi. (Day Hiker's Guide).

**Owl's Head.** 1958 ft. Groton State Forest, Peacham. The blue-blazed trail begins just below the maintenance area on the old road to Osmore Pond picnic area. 1.8 miles. Also accessed via Owl's Head auto road. (Day Hiker's Guide)

### **C. Willoughby State Forest**

**Bald Mtn.** 3315 ft. Westmore. **Long Pond Trail.** The maintained trail begins 350 ft east of the Long Pond boat access on Long Pond Road. **Mad Brook Trail.** From East Charleston park at the gated terminus of the Mad Brook Farm Rd. and proceed southerly up woods road to signed trailhead. Approx. 2.5 mi. (Day Hiker's Guide)

**Moose Mtn.** 2339 ft. Willoughby State Forest, Sutton. Trailhead begins at a parking area on the east side of the Wheeler Mountain Road 1/4 mile north of Wheeler Pond. Approx. 1.0 mi. Also accessed via **Mt. Hor Trail** - 5.0 mi. and Big Valley Rd - 1.0 mi.

**Mt. Hor.** 2648 ft. Westmore. The summit is accessed by the blue-blazed **Hawkes Trail.** The trailhead is 1.8 miles from VT 5A on the CCC Road, beginning across from the Mt Pisgah **South Trail** parking lot. 1.4 miles.

**Mt. Pisgah.** 2751 ft. Westmore. The **South Trail** begins on the east side of VT Rte 5A, opposite a state parking area and the beginning of the CCC Road, 1.7 mi. The **North Trail** also begins on the east of VT Rte 5A, 3.0 miles south of the junction of VT 16. 2.2 mi. (Day Hiker's Guide)

**Wheeler Mtn.** 2371 ft. Sutton. Trailhead is located on the west side of Wheeler Mountain Road approximately 1/2 mile north of Wheeler Pond. Two routes possible - **white** (moderate) and **red** (difficult) Parking area to **Eagle Cliff** 1.3 mi. (Day Hiker's Guide)



### **F. Steam Mill Brook WMA**

**Stannard Mtn.** 2400 ft. Steam Mill Brook WMA, Stannard. The trail to the **Stannard Mountain Lookout** begins on the south side of the Stannard Mtn. Rd. near the height of land by the Stannard/Wheelock town line. This trail (used by snowmobiles in the winter) skirts the eastern side of Stannard Pond before climbing more steeply to the summit lookout. Approx. 1.2 mi.

### **B. Essex North**

**Bluff Mtn.** 2380 ft. Island Pond. Trailhead and parking area are located on the north side of Mountain Street in Island Pond, approximately .5 miles past the original trailhead at the end of the sidewalk. The blue-blazed trail climbs steadily before descending into a bowl where it meets the yellow-blazed **Lookout Trail.** From here the trail climbs steeply in both directions. 1.8 mi. Caution: the **Lookout Trail** is steep! (Day Hiker's Guide)

**Brousseau Mtn.** 2714 ft. Norton. Trailhead is located on the left just past the gated terminus of the Brousseau Mountain Road off of VT 114 in Norton. Approx. 1.2 mi.

## Note

- ❖ Summit conditions may be hazardous in inclement weather.
- ❖ Please hike responsibly, weather and trail conditions may vary considerably, always be prepared and have a backup plan.
- ❖ Bring lots of water and snacks.
- ❖ Consider hiking with raingear, extra clothes and a hat, a first aid kit, and a map and compass.
- ❖ If you must hike alone, tell someone where you will be.
- ❖ When leaving your car at a trailhead, try to leave unnecessary items at home, bring your wallet with you and leave valuables out of sight. Always lock your car.
- ❖ Please practice Leave No Trace ethics. Leave the trail better than you found it and if you pack it in, pack it out.
- ❖ Please respect private property.
- ❖ For more information on trail conditions, maps, and local accommodations contact the NorthWoods at (802) 723-6551 or [corps@northwoodscenter.org](mailto:corps@northwoodscenter.org).

**The Vermont Leadership Center and its partners seek to promote and encourage the enjoyment of Northeastern Vermont's mountain resources. Trail conditions and facilities on the above mountains may vary considerably; please use your best judgement in regards to these conditions and hike safely.**

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## Essex North Cont'd...

**Gore Mtn.** 3332 ft. Avery's Gore. The white-blazed trail begins on the east side of Vt. Rte. 114 across from a pull-off approx. 1/4 mi. north of Norton Pond. 3.8 mi. The **Gore Mountain Trail** is long and covers varied terrain - please hike responsibly and be prepared. (Day Hiker's Guide)

**Monadnock Mtn.** 3140 ft. Lemington. The yellow-blazed trail begins on the west side of VT 102, 150 yards north of the Lemington-Colebrook Bridge. Look for the sandpit trailhead sign. 2.4 miles. (Day Hiker's Guide)

## D. Essex South

**Burke Mountain.** 3267 ft. East Burke. From the south end of the lower parking lot at the Burke Mountain Base Lodge, follow the gated **Red Trail** to the summit. Approx. 3.0 mi.

**Kingdom Trails.** Burke Area. The **Kingdom Trails Association** maintains an extensive network of hiking and biking trails in the East Burke area. Maps available by contacting the **Kingdom Trails Association** at (802) 626-0737 or [www.kingdomtrails.org](http://www.kingdomtrails.org).



## NorthWoods Stewardship Center

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# Northeast Kingdom Mountain Trail Guide

A guide to the mountains and trails of Vermont's Northeast Kingdom.



*" mountains should be climbed with as little effort as possible, and without desire. The reality of your own nature should determine your speed. You climb the mountain in an equilibrium between restlessness and exhaustion. ..when you're no longer thinking ahead, each footstep isn't just a means to an end, but a unique event itself... To live only for some future goal is shallow.. It is the sides of the mountain which sustain life, not the top."*

- Robert Pirsig